

PILGRIMAGE

A pilgrimage is: a journey to sacred place; it is a journey of transformation, alone or with others

- The Shrine at Aylesford Priory is a sacred place: it is the heart of Aylesford
- A sacred place is a space reserved or set apart from the everyday to where we can be open to the holy
- In this place, Aylesford, the holy is expressed in the statue of Mary's Assumption which shows her being taken into heaven as the first fruits of the Resurrection of Jesus in which we all hope to share.

A pilgrim is transformed by being open and receptive to the sacred

Suggested programme

Basic experience

Walk around the Shrine area. See information for The Main Shrine on yellow sheet or on line.

Spend some time quietly in the Shrine area. Sketch or write about something that catches your attention or simply be still.

A fuller experience

- Participate in the mid-day pilgrimage Mass
- Visit other chapels in the Shrine area
- Walk around the Rosary Way which has ceramic depictions of the 15 mysteries of the Rosary

Extended experience

Choose a particular chapel theme which appeals to you. Consider how this relates to your experience and how you might be changed by it.

Further reading

The Bible: 1st Book of Kings, St Matthew and St Luke's Gospels for infancy and passion narratives.

An Introduction to the Rosary by Fr Wilfrid McGreal, O.Carm.

The Friars Guide Book, available at Aylesford Giftshop or the Reception Office. Can be bought in advance.