



# The Friars, Aylesford

Retreats  
2017



# RETREAT PROGRAMME 2017

## 18<sup>th</sup> February **Mindfulness in the Christian Context**

The day is for those interested in mindfulness and how it relates to Christian contemplation. Some see the two as opposed but, during our day together, we shall be exploring how they may be married in our Christian lives. *Peter Tyler*

## **Lent Talks** (6:30pm Evening Prayer, 7:00pm Soup, 7:30pm – 9:00pm Talk)

### **Living the Gospel Today**

- 8<sup>th</sup> March **What do we mean by Faith?** - *Bernard Hoose*  
15<sup>th</sup> March **What is Love really?** - *Paul de Groot O.Carm. & Maggie Cascioli*  
22<sup>nd</sup> March **What is Church?** - *Kevin Alban, O.Carm.*  
29<sup>th</sup> March **What is the Christian view of Peace?** - *Bernard Hoose*  
5<sup>th</sup> April **Hearing God's voice today** - *Michael Cox O.Carm.*

## 24<sup>th</sup> -26<sup>th</sup> March **Lent Retreat**

### **Water, New Sight and New Life**

A reflective consideration of the main themes of the Lenten Sunday readings that speak to us of water, light and eternal life. *Francis Kemsley, O.Carm. & Kevin Alban, O.Carm*  
Cost £160 single, £155 senior citizen, £146 shared

## 13<sup>th</sup> -16<sup>th</sup> April **Easter Triduum**

Come and celebrate the powerful and solemn days of Holy Week and Easter in the beautiful and peaceful setting of Aylesford. *Joseph Chalmers, O.Carm. and Pastoral Team*  
Cost £255 single, £243 senior citizen, £237 shared,

## 28<sup>th</sup>—30<sup>th</sup> April **Our responsibility for the Environment**

Fr Eduardo, an Argentinean Carmelite, scientist and advisor to Pope Francis, will be looking at Christianity and Ecology in our world. *Fr Eduardo Agosta Scarel, O.Carm.*

## 6<sup>th</sup> May **A Day of Reflection for Religious**

“Come aside and rest awhile!” Challenge and hope.

*Sheila Grimwood & Maggie Cascioli*

## 20<sup>th</sup> May **Prayer and Poetry**

A day of exploration of prayer through the media of poetry.

*Elena White*

## 27<sup>th</sup> May **St Mary Magdalen de'Pazzi**

On the 450<sup>th</sup> anniversary of her birth, her life and relevance for believers today.

*Kevin Alban, O.Carm.*

## 3<sup>rd</sup> June **Pentecost - The Holy Spirit in our Lives**

What does it mean to say “I believe in the Holy Spirit”? A day of prayer and reflection

as we prepare for the coming of the Spirit.

*Kevin Alban, O.Carm.*

17<sup>th</sup> June

## **Walking with God in the Garden**

Reflecting on how nature can deepen and enhance our relationship with God. Gardening gloves would be useful, if you have them. *Jayne Hoose & Paul de Groot, O.Carm.*

24<sup>th</sup> June

## **Quiet Day**

The pace of life can be frenetic. We all need a space to slow down and listen to our heart. On this quiet day, a gentle structure will be provided for prayer and reflection in a peaceful atmosphere. *Joseph Chalmers, O.Carm.*

8<sup>th</sup> July

## **Walking: Guide my feet in Your Way**

A pilgrimage day in the byways of Kent. As we walk together (for about 7 miles) we hope to gently discern, through our surroundings and the gift of each other, how God is calling us to be. *Maggie Cascioli & Paul de Groot, O.Carm.*

14<sup>th</sup> -16<sup>th</sup> July

## **Mary and the Carmelite Tradition**

Mary and the Carmelite tradition in the light of the Second Vatican Council. *Francis Kemsley, O.Carm.*  
Cost £160 single, £155 senior citizen, £146 shared

14<sup>th</sup> – 18<sup>th</sup> August

## **Summer Stillness**

A time for going into the desert and, like the prophet Elijah, listening to the voice of God in the silence. This is a personally guided retreat which involves a daily meeting with one of the directors, each having experience in spiritual accompaniment. There will be no group talks. Begins with supper at 7:00pm on Monday and ends with lunch on Friday.

*Francis Kemsley, O.Carm., Bernard Hoose & Sr. Felicity Young OSU*  
Cost £360 single, £350 senior citizen, £330 shared

19<sup>th</sup> August

## **Poetry and Prayer for all Seasons of Life**

During this day we will reflect on the different phases of our spiritual journey, and look at poems that might nourish us in times of joy and sadness, darkness and light.

*Sr. Felicity Young OSU*

**Evening Talks** (6:30pm Evening Prayer, 7:00pm Soup, 7:30pm – 9:00pm Talk)

### ***Living the Gospel Today***

13<sup>th</sup> September **Living as a Disciple** - *Bernard Hoose*

20<sup>th</sup> September **How do we Serve?** - *Ian Black*

27<sup>th</sup> September **What does Humility mean?** - *Sheila Grimwood*

29<sup>th</sup> Sept – 1<sup>st</sup> Oct

## **Therese of Lisieux**

“St Thérèse and God’s Unconditional Mercy”. A reflection upon how Thérèse’s experience of God’s mercy can help us today. *Robert Colaresi, O.Carm.*

Cost £160 single, £155 senior citizen, £146 shared

14<sup>th</sup> October

## Entering the World of the New Testament

An opportunity to consider the social and cultural factors that would have affected the biblical authors and their intended audiences.

*Michael Cox, O.Carm.*

21<sup>st</sup> October

## Wellbeing

The day seeks to explore how we can find Christ through our whole being: body, heart, mind and soul. We shall explore simple exercises based on the Christian tradition that will bring us closer to the mystery of God's presence dwelling in our lives.

*Peter Tyler*

11<sup>th</sup> November

## St Teresa of Avila - Teacher of prayer for today

An exploration of Teresa's vision of prayer as vitally apostolic in the world today.

*Sheila Grimwood*

1<sup>st</sup> – 3<sup>rd</sup> December

## Advent Retreat - Preparing the Way

God will come into our lives. Everything will change. We will change. Our world will be transformed, if we will only let it happen. Letting it happen involves preparing the way. The nature of that preparation is the theme of this retreat.

*Bernard Hoose*

Cost £160 single, £155 senior citizen, £146 shared

***Rachel's Vineyard*** *A weekend residential retreat for people hurting after an abortion. An opportunity to get away from the daily pressures of work and family, to focus on a painful time in life and to begin healing through a supportive and non-judgmental process. This retreat will run three times in the year.*

*Cost: £200*

*Rachel's Vineyard Team ([www.rachelsvineyard.org.uk](http://www.rachelsvineyard.org.uk))*

*For dates and to book please contact: Pam: 07851 331816*

WEEKENDS normally begin with supper at 7.00pm on Friday and end with lunch at 1.00pm on Sunday. The EASTER TRIDUUM begins 5.30pm on Thursday and ends with lunch on Sunday. DAYS begin at 10.00am and end by 4pm. On Days *Tea/Coffee will be provided; please bring your own lunch or use the Tea Room.* EVENINGS begin at 6.30pm with Evening Prayer and end by 9.00 pm. Individual Guided Retreats may be requested and will be accommodated subject to the availability of a friar.

*For further information or to reserve a place, please contact:*

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