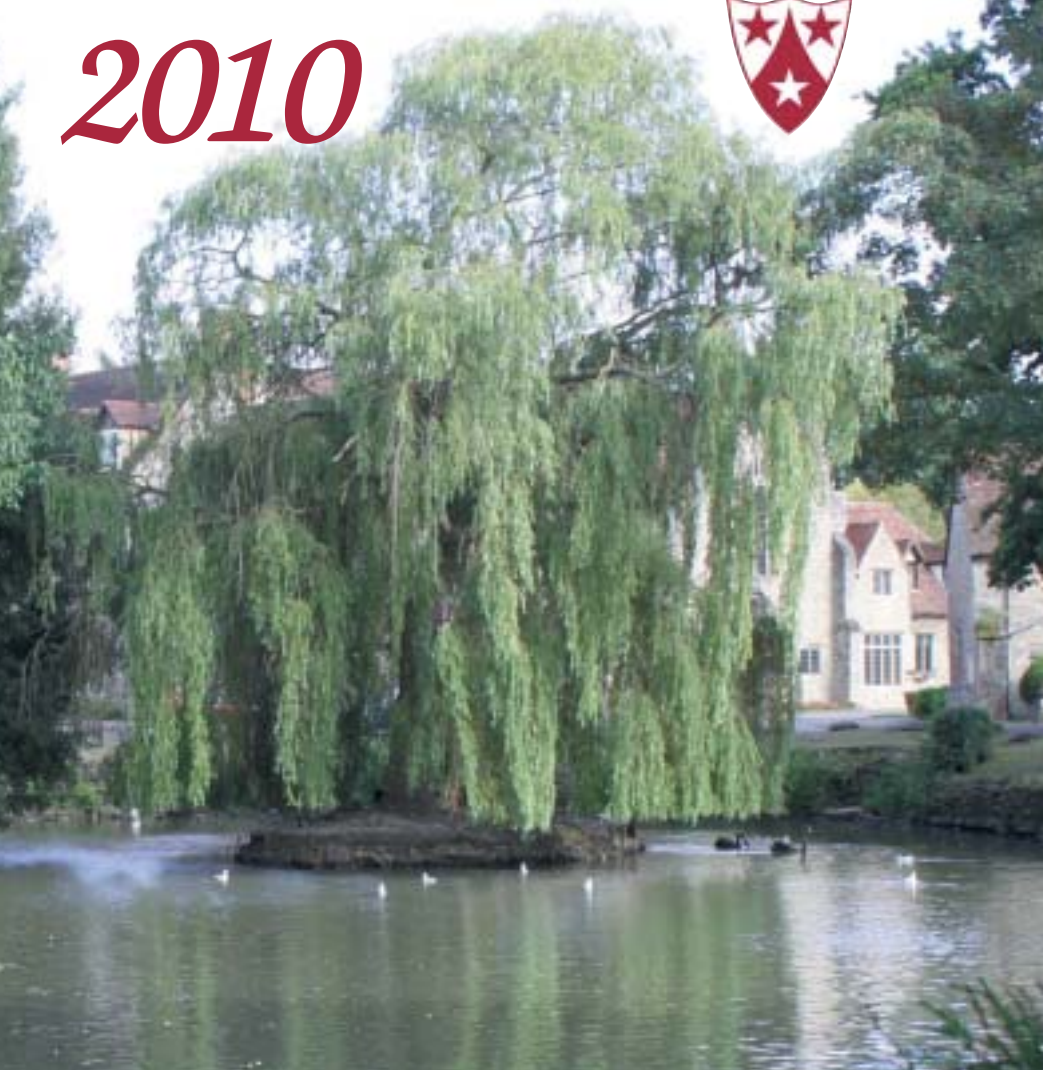


Retreats 2010



The Friars - Aylesford

A Carmelite Community in the heart of Kent

QUIET DAY IN THE GATEHOUSE

Day

13 February*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

To apply, please ring Maura Lockyer: 01622 791256 Maura Lockyer & Elena White

WOUNDED BY LOVE

Day

20 February*Suggested donation: £10.00*

The spiritual journey is a love affair between God and the human person. God touches us deep in our soul and we constantly seek for fulfilment. St. John of the Cross is a sure guide on this journey.

Joseph Chalmers, O.Carm.

JOB: WHY DO GOOD PEOPLE SUFFER?

Evening

23 February**LENT COURSE 1** - *Donation*

The story behind the story: relating Job's experience to our lives today.

Sr. Elizabeth Ruth Obbard

TOBIT: MEETING ANGELS UNAWARE

Evening

2 March**LENT COURSE 2** - *Donation*

The story behind the story: relating Tobit's experience to our lives today.

Sr. Elizabeth Ruth Obbard

JUDITH: BREAKING DOWN OUR STEREOTYPES

Evening

9 March**LENT COURSE 3** - *Donation*

The story behind the story: relating Judith's experience to our lives today.

Sr. Elizabeth Ruth Obbard

LETTING SCRIPTURE SPEAK

Day

13 March*Suggested donation: £10.00*

Lectio Divina: opening ourselves to God's voice in the Word.

Elena White, Maura Lockyer, Trish Murphy & Joseph Chalmers, O.Carm.

INTO THE SILENCE

Day

14 March*Suggested donation: £10.00*

Responding to God's Word in the silence of our being.

Elena White, Maura Lockyer, Trish Murphy & Joseph Chalmers, O.Carm.

JONAH: GOD REACHES OUT TO EVERYONE

Evening

16 March**LENT COURSE 4** - *Donation*

The story behind the story: relating Jonah's experience to our lives today.

Sr. Elizabeth Ruth Obbard

PARISH BEREAVEMENT TRAINING

Weekend

19-21 March*Cost: £150.00*

Through guided experiential sessions, participants will be taken through a process that will give them a solid background for their ministry.

Agreement of your Parish Priest is required.

Elizabeth Partridge & Janet Berrie

To apply, please contact Elizabeth Partridge: Tel.01303 870248

IN THE SERVICE OF RECONCILIATION

2-4 pm

20 March

Pre-Easter celebration of the forgiveness of God (reflection, prayer and symbol) with an opportunity for sacramental Confession or one-to-one sharing.

The Friars' Pastoral Team

RUTH: THE OUTSIDER BECOMES THE INSIDER

Evening

23 March**LENT COURSE 5** - Donation

The story behind the story: relating Ruth's experience to our lives today.

Sr. Elizabeth Ruth Obbard

TRAVELLING INWARDS

Day

27 March*Suggested donation: £10.00*

St. Teresa of Avila's teaching on prayer in the *Interior Castle*.

Sr. Elizabeth Ruth Obbard

EASTER TRIDUUM RETREAT

Triduum

1-4 April*Cost: £210 Single; £207 Shared per person; £200 Senior Citizen*

What is dying and rising all about for us? A time for prayerful reflection which will enhance our celebration of the Paschal Triduum at The Friars.

Dr. Bernard Hoose & Kevin Melody, O.Carm.

WAYS INTO PRAYER

Weekend

16-18 April*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

There are as many ways of praying as there are people. Pray as you can and not as you can't. A weekend to help you find your way to grow in relationship with God. You may be surprised!

Felicity Young, OSU

GRIEF AND LOSS; HOPE IN CHRIST

Weekend

23-25 April*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

A workshop that creates a safe space to help us look at where and who we are since we lost our loved ones. *Due to its special nature, places are limited and subject to a chat to determine if this workshop is right for you at this time.*

Elizabeth Partridge & Brendan Grady, O.Carm.

WORDS OF THE SPIRIT

Day

24 April*Suggested donation: £10.00*

A practical workshop exploring a variety of Christian poets and expressing our own spirituality in poetry.

*Elena White & Judith Dimond***INTRODUCING CENTERING PRAYER**

Day

1 May*Suggested donation: £15.00*

A method from the *Cloud of Unknowing* to help us respond more fully to God in prayer and life.

*Elizabeth Smith & Joseph Chalmers, O.Carm.***THE FALSE SELF**

Day

2 May*Suggested donation: £15.00*

This day will look at tools to remove obstacles on the spiritual journey.

*Elizabeth Smith & Joseph Chalmers, O.Carm.***LET IT BE – A DAY ON MARY**

Day

8 May*Suggested donation: £10.00*

Human co-operation with the divine in the life of Mary and the Church. How we work with God for the salvation of the world.

*Kevin Alban, O.Carm.***MARY IN THE CARMELITE TRADITION**

Day

9 May*Suggested donation: £10.00*

The first Carmelites built an oratory in honour of the Blessed Virgin. This day will explore the perennial spiritual riches in an authentically Carmelite approach to Our Lady.

*Kevin Alban, O.Carm.***QUIET DAY IN THE GATEHOUSE**

Day

15 May*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

*Maura Lockyer & Elena White**To apply, please ring Maura Lockyer: 01622 791256***COME, HOLY SPIRIT**

Weekend

21-23 May*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

Pentecost: the power of the Holy Spirit turned the frightened disciples into courageous apostles of the Good News. We will examine the role of the Spirit in the Christian life and pray for a new outpouring of that same Spirit.

Dr. Bernard Hoose & Kevin Melody, O.Carm.

PARISH BEREAVEMENT TRAINING

Weekend

4-6 June*Cost: £150.00*

Through guided experiential sessions, participants will be taken through a process that will give them a solid background for their ministry.
Agreement of your Parish Priest is required.

Elizabeth Partridge & Janet Berrie

*To apply, please contact Elizabeth Partridge: Tel.01303 870248***TALKING WITH GOD**

Day

5 June*Suggested donation: £10.00*

A gentle day exploring a variety of ways of praying.

*Sheila Grimwood & Paul de Groot, O.Carm.***JESUS: HIS WAY OF NONVIOLENT LOVE**

Weekend

11-13 June*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

A spiritual encounter with Jesus as the divine revealer of non-violent love. A weekend exploring and encouraging Christian non-violence.

*Rev. Emmanuel Charles McCarthy**To apply, please contact Chidi:**Tel. 01582 862578 or 07939 219867; email: onyischidi@yahoo.com***"LOVE YOUR NEIGHBOUR AS YOURSELF"**

Day

26 June**... BUT DO I LOVE MYSELF?***Suggested donation: £15.00*

An exploratory workshop examining the psychological and spiritual challenges presented to us by this great command.

*Rev. John Roberts***QUIET DAY IN THE GATEHOUSE**

Day

17 July*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

*Maura Lockyer & Elena White**To apply, please ring Maura Lockyer: 01622 791256***FOOTSTEPS IN FORGIVENESS**

Day

24 July*Suggested donation: £10.00*

'Without forgiveness there's no future' - Desmond Tutu. This will be an opportunity to explore the journey of forgiveness while respecting where we are in the process.

Trish Murphy & Brendan Grady, O.Carm.

JUNE

JULY

YOU ARE A MARVEL IN GOD'S EYES

Weekend

13-15 August*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

A creative weekend tapping into our unique spirituality through the medium of clay, Raku pottery, reflection and fun!

*Alan Parris, Mark Byles,
Paul de Groot, O.Carm., Brendan Grady, O.Carm.*

PRAYING WITH JESSICA POWERS

Day

21 August*Suggested donation: £10.00*

'To live with the Spirit of God is to be a listener: it is to turn like a wandering weather-vane towards love.' Jessica was a well-known Wisconsin poet when she entered Carmel at the age of 40. She offers rich imagery about our relationship with God and speaks helpfully of her own experiences of light and dark places on the spiritual path.

Felicity Young, OSU

SUMMER STILLNESS:

Mon-Fri

23-27 August**A DIRECTED RETREAT***Cost: £250.00*

Take time to be with God in stillness. A directed retreat provides time for prayer, reflection, solitude and a daily one-to-one meeting with a director.

*Trish Murphy, Sr. Elizabeth Ruth Obbard, Felicity Young, OSU,
Paul de Groot, O.Carm. & Joseph Chalmers, O.Carm.*

PRAYER IN A BLEAK LANDSCAPE

Day

28 August*Suggested donation: £10.00*

R. S. Thomas was an Anglican priest working in parishes in Mid-Wales. He speaks of bleak inner and outer landscapes, and yet he speaks beautifully of glimpses of God in a difficult life.

Felicity Young, OSU

THE DARK NIGHT OF SENSE

Day

4 September*Suggested donation: £15.00*

The teaching of John of the Cross for today about what we are liable to meet on the spiritual journey.

Elizabeth Smith & Joseph Chalmers, O.Carm.

QUIET DAY IN THE GATEHOUSE

Day

11 September*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

*Maura Lockyer & Elena White
To apply, please ring Maura Lockyer: 01622 791256*

PRAYER & HUMAN DEVELOPMENT

Day

18 September*Suggested donation: £10.00*

An opportunity to reflect on our own faith/prayer experience within our human journeying. Writers such as E. Erikson, J. Fowler and others will help our exploration.

*Trish Murphy & Brendan Grady, O.Carm.***WITH EMPTY HANDS**

Weekend

24-26 September*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

St. Thérèse of Lisieux grasped the essential nature of the Gospel message. Countless people have been attracted by her Little Way. This weekend will be a celebration of her life and spirituality in preparation for her feast day.

*Joseph Chalmers, O.Carm. & Kevin Melody, O.Carm.***PROPHETS & DREAMS: EDITH STEIN**

Day

16 October*Suggested donation: £10.00*

St. Teresa Benedicta of the Cross: a prophetic woman for our time.

*Sr. Elizabeth Ruth Obbard***PROPHETS & DREAMS: TITUS BRANDSMA**

Day

17 October*Suggested donation: £10.00*

Described as "a dangerous friar", this 20th century Carmelite martyr embraced the search for a spirituality in dialogue with contemporary society.

*Wilfrid McGreal, O.Carm.***GRIEF AND LOSS; HOPE IN CHRIST**

Weekend

5-7 November*Cost: £140 Single; £138 Shared per person; £134 Senior Citizen*

A workshop that creates a safe space to help us look at where and who we are since we lost our loved ones. *Due to its special nature, places are limited and subject to a chat to determine if this workshop is right for you at this time.*

*Elizabeth Partridge & Brendan Grady, O.Carm.***THE DARK NIGHT OF THE SPIRIT**

Day

6 November*Suggested donation: £15.00*

The teaching of John of the Cross taken a step further.

*Elizabeth Smith & Joseph Chalmers. O.Carm.***INTRODUCING JULIAN OF NORWICH**

Day

13 November*Suggested donation: £10.00*

A day reflecting on Julian the woman and her way of looking at God.

Sr. Elizabeth Ruth Obbard

PARISH BEREAVEMENT TRAININGWeekend **19-21 November***Cost: £150.00*

Through guided experiential sessions, participants will be taken through a process that will give them a solid background for their ministry.
Agreement of your Parish Priest is required.

*Elizabeth Partridge & John Roberts**To apply, please contact Elizabeth Partridge: Tel.01303 870248***WAITING WITH MARY**

Day

27 November*Suggested donation: £10.00*

Mary wasn't entirely sure what to expect, but she trusted God. Do we trust God? What do we expect?

*Dr. Bernard Hoose***COME, LORD JESUS**

Day

28 November*Suggested donation: £10.00*

Opening ourselves up to receive the greatest gift of all.

*Dr. Bernard Hoose***QUIET DAY IN THE GATEHOUSE**

Day

11 December*Donation*

An experience of silent prayer and space in a safe environment, embracing *Lectio Divina*, spiritual reading & silent attentiveness.

*Maura Lockyer & Elena White**To apply, please ring Maura Lockyer: 01622 791256***IN THE SERVICE OF RECONCILIATION**

2-4 pm

18 December

Advent celebration of the forgiveness of God (reflection, prayer and symbol) with an opportunity for sacramental Confession or one-to-one sharing.

The Friars' Pastoral Team

WEEKENDS normally begin with supper at 7.00 pm on Friday and end with lunch at 1.00 pm on Sunday. The **EASTER TRIDUUM** begins 5.30 pm on Thursday and ends with lunch on Sunday. **DAYS** begin at 10.00 am and end 4.00-5.00 pm. On Days Tea/Coffee will be provided; please bring your own lunch or use the Tea Room. **EVENINGS** begin at 7.30 pm and end by 9.00 pm.

*For information and to reserve a place, please contact:***Retreats, The Friars, Aylesford, Kent ME20 7BX****Tel. 01622 717272** email: retreat@thefriars.org.uk www.thefriars.org.uk

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NEW IN 2010**ADULT CHRISTIAN FORMATION PROGRAMME** on Wednesday evenings (*separate leaflet*)**CARMELITE SPIRITUAL ACCOMPANIMENT** from February 2010 (*enquire end of January*)**SACRAMENT OF THE SICK** monthly from February 2010 (*see Pilgrimage Leaflet 2010*)